

YOU DON'T SLEEP ENOUGH...

BUT THAT DOESN'T MEAN YOUR COMPUTER SHOULDN'T.

KNOW YOUR FACTS.

- ✓ Just **ONE** desktop computer left on in full-power mode 24/7 for a full year can result in **1500 lbs. of CO₂** being released into the atmosphere. You would need to plant **2 trees** and ensure that they live for **40 years** to sequester this amount of CO₂.
- ✓ A computer left in continuous operation creates energy costs of about **\$120/year**. Powering down when not in use cuts this cost to \$20/year! That means **you can cut \$100 off this cost** just by powering down or setting your system to sleep!



LIES YOU'VE BEEN TOLD.

LIE. Shutting down a lot to save power can/will cause damage to your computer.

- ✓ **TRUTH.** Your computer may actually last *longer* the more you shut down due to reduced mechanical wear and tear.

LIE. Screensavers save power.

- ✓ **TRUTH.** With a screensaver on, your computer uses just as much energy as it would with you actively using it. If you want to save your screen (and power!), set your system preferences to sleep.

SET IT TO SLEEP! NOT IN USE? CUT THE JUICE!

Change your preferences *once*, then let your computer save energy FOR you!

Remember to shut down whenever you can!
You can wait the 15 seconds it takes to boot again...

LEARN MORE!

Go to campusclimatechallenge.org or
FMI email ack02005@pomona.edu
pd002003@pomona.edu